Need Help

Getting Disabled People in Kirklees More Active?

Contact:
Abbi Andiyapan at WYSport
Tel: 01484 234093
Email: Abigail.andiyapan@wysport.co.uk

Fiona Hall at FDSO
Tel: 01924 372382
Email: fhall@fdso.co.uk
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# Activity Key to Facilities

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<th>Icon</th>
<th>Description</th>
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<tr>
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<td><img src="image" alt="Accessible Parking" /></td>
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<td><img src="image" alt="Level Access" /></td>
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<td><img src="image" alt="Lift Access" /></td>
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<td><img src="image" alt="Accessible Changing Room" /></td>
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<tr>
<td><img src="image" alt="Accessible Toilet" /></td>
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<td><img src="image" alt="Accessible Shower" /></td>
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<td><img src="image" alt="Assistance Provided" /></td>
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<tr>
<td><img src="image" alt="Refreshments Available" /></td>
<td>Refreshments Available</td>
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<tr>
<td><img src="image" alt="Competitive Opportunities" /></td>
<td>Competitive Opportunities</td>
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<tr>
<td><img src="image" alt="Loop System" /></td>
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<td><img src="image" alt="Beached Entry" /></td>
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<tr>
<td><img src="image" alt="Pool Temperature" /></td>
<td>Pool Temperature</td>
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<tr>
<td><img src="image" alt="Pool Hoist" /></td>
<td>Pool Hoist</td>
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<tr>
<td><img src="image" alt="Pool Chair" /></td>
<td>Pool Chair</td>
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</tbody>
</table>
### Actionnaires - Huddersfield

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<tr>
<th><strong>Address</strong></th>
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<tbody>
<tr>
<td>Actionnaires visit different venues within Kirklees, though currently mostly use Huddersfield Sports Centre as a base for most sports activities. Huddersfield Sports Centre Southgate Huddersfield HD1 1TW</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Contact Details</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>James Carey</td>
</tr>
<tr>
<td><a href="mailto:james.carey@actionforblindpeople.org.uk">james.carey@actionforblindpeople.org.uk</a></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Website</strong></th>
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<tbody>
<tr>
<td><a href="http://www.actionforblindpeople.org.uk">www.actionforblindpeople.org.uk</a></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Activities</strong></th>
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</thead>
<tbody>
<tr>
<td>Our Actionnaires clubs offer a range of activities and ensure children of all abilities can take part regardless of their vision.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Session Details</strong></th>
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</thead>
<tbody>
<tr>
<td>We meet every second and fourth Saturday from 10am until 12pm</td>
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</table>

<table>
<thead>
<tr>
<th><strong>Cost</strong></th>
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<tbody>
<tr>
<td>FREE</td>
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</table>

<table>
<thead>
<tr>
<th><strong>Age Group</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Children aged 4-16</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Who can Attend</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Blind or partially sighted (under 8’s must be accompanied by an adult). Siblings or a friend are also welcome to come along.</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Affiliation Details</strong></th>
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<tbody>
<tr>
<td>Action for Blind People</td>
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### Almondbury Disabled Leisure Group 97

<table>
<thead>
<tr>
<th><strong>Address</strong></th>
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<tbody>
<tr>
<td>Audrey Robinson 1 Alms Row off Northgate Almondbury Huddersfield HD5 8UZ</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Website</strong></th>
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</thead>
<tbody>
<tr>
<td><a href="http://www.actionforblindpeople.org.uk">www.actionforblindpeople.org.uk</a></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Activities</strong></th>
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</thead>
<tbody>
<tr>
<td>Social and leisure club for disabled people and carers.</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Session Details</strong></th>
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</thead>
<tbody>
<tr>
<td>Meet every Tuesday from 1.30pm to 5pm.</td>
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</table>

<table>
<thead>
<tr>
<th><strong>Who can Attend</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Members Only</td>
</tr>
</tbody>
</table>
## Almondbury Wesleyan Cricket Club

**Contact Details**
Ian Hales  
Email: thewes@btinternet.com  
Ian R Hales  
Almondbury Wesleyan CC  
Phone 01484 305889  
Mobile 07966 723568

**Website**
www.almondburywesleyans.play-cricket.com

**Activities**
The club has an integrated approach to cater for all abilities. Each player is integrated into the most appropriate age/ability group, subject to capacity.

**Session Details**
Adults: Tuesdays & Thursdays 6:30-8:30pm  
Junior: Thursdays 5.45-7.00pm

**Cost**
Depends on membership

**Age Group**
All

**Who can Attend**
All, depending upon availability of coaches, and capacity of sessions – ring to discuss.

## Ambitions for Kirklees

**Address**
Mrs Liz Feeny and Mrs Bev Sissons  
89 Shillbank Lane  
Mirfield  
WF14 0QW  
Phone 01924 491148

**Contact Details**
info@ambitions4kirklees.co.uk

**Website**
www.ambitions4kirklees.co.uk

**Activities**
Ambitions is a registered Community Interest Company (CIC) committed to empowering and building the skills for work and independent living of young people and adults with learning difficulties and disabilities through practical experiences and supported work placements within their own local community and culture.

**Session Details**
Call for details

**Cost**
Call for details

**Age Group**
Adults

**Who can Attend**
Adults with a disability
### Batley and District Mencap Society

**Contact Details**

John Dewhurst  
49 Latham Lane  
Gomersal  
Cleakheaton  
BD19 4AL  
Phone 01274 870202  
Email: jcdewhirst@hotmail.com

**Website**

www.batleymencap.co.uk

**Activities**

1. Social and Games Evening  
2. Swimming

**Session Details**

1. Monday 7-8pm  
2. Tuesday 8-9pm

**Cost**

1. £1.00  
2. £2.00

**Age Group**

Adults with Learning Disabilities

**Who can Attend**

Call for details

### Batley Sports Association for The Disabled

**Address**

Batley Sports and Tennis Centre  
Windmill Lane  
Howden Clough  
Batley  
WF17 0QD  
01924 326181

**Activities**

Swimming for adults and children with disabilities. We also welcome anyone recovering from illness or an operation.

**Session Details**

Meetings Sunday from 12 noon to 1pm

**Age Group**

Any

**Who can Attend**

Anyone

**Affiliation Details**

Mencap

### Better futures for the blind

**Address**

Mrs Jean Goodison  
132 Lockwood Scar  
Newsome  
Huddersfield  
HD4 6EA

**Contact Details**

Tel: 01484 542320

Email: jg132@hotmail.co.uk

**Activities**

Our aims are to provide activities and events for blind and partially-sighted people weekly or monthly throughout the year, to help overcome social isolation and bring people together, to deal with and overcome the potential
problems associated with disability.

**Session Details**
This will involve a weekly visiting befriending service, weekly exercise sessions at the Nerve Centre, and a monthly activity club with a range of activities and transport included.

**Cost**
Exercise group £1.50
Befriending Service £1.00
Trips out £2.00 (Cost will cover fuel)

**Who can Attend**
Call for details

**Other Information**
Exercise group is held at Huddersfield Town Hall

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**Borough of Kirklees Disability Swimming Club**

**Address**
Stadium Leisure Complex, Huddersfield

**Contact Details**
Tel: 01484 234110
Email: gemma.hill-wood@kirklees.gov.uk

**Activities**
The session includes ‘learn to swim’ and performance squad training for disabled swimmers.

**Session Details**
Saturday evenings from 4:00 - 6:00pm.

**Age Group**
Call for details

**Who can Attend**
Call for details

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**Bowling Club for Visually Handicapped People**

**Address**
Whitcliffe Mount Sports Centre
Turnsteads Avenue
Cleckheaton
BD19 3AQ

**Contact Details**
Tel: 01274 335130
Fax: 01274 335129
Email: whitcliffe.mountsc@kirklees.gov.uk

**Activities**
Flat green indoor bowling for people who are blind or visually handicapped.

**Session Details**
Meetings weekly. Please ring for details.

**Who can Attend**
Call for details
Bradley Park Golf Course & Driving Range

**Address**
Bradley Road
Huddersfield
HD2 1PZ

**Contact Details**
Tel: 01484 223772

**Activities**
Inclusive Golf Sessions for people of all ability available via arrangement. The club is in the process of making its facilities more disability friendly.

**Session Details**
Tri Golf sessions for beginners
Extreme Golf for more experienced players
The club will welcome disabled players in groups or as individuals

**Cost**
TBC

**Age Group**
All ages

**Who can Attend**
Anyone

Buddies Scheme

**Address**
Mencap in Kirklees
The Stables
Buckden Mount
8 Thornhill Road
Huddersfield
HD3 3AU

**Contact Details**
Tel: 01484340811 / Fax: 01484340822

**Website**
www.mencapinkirklees.org.uk

**Who can Attend**
Call for details

**Other Information**
Helps people with learning difficulties access leisure and social activities with a volunteer who has similar interests.

Bumpy Motorcycle Activity Centre

**Address**
Bumpy Ltd,
Howden Clough Industrial Estate,
Leeds Road,
Birstall,
WF17 0JB
Tel: 01924 47043

**Contact Details**
info@bumpy.org.uk
www.bumpy.org.uk/

**Activities**
Experience motorbike fun or the thrill of an off road buggy passenger ride.

**Session Details**
TBC

**Cost**
TBC

**Who can Attend**
Anybody with a disability
### Canalside Sports Complex

**Address**
509 Leeds Road  
Huddersfield  
HD2 1YJ  
Tel: 01484 537720

**Contact Details**
info@canalsidesport.com

**Activities**
Snooker Club, accessible for disabled individuals to meet and play snooker

<table>
<thead>
<tr>
<th><strong>Session Details</strong></th>
<th>10 – 12 (Day to be confirmed)</th>
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<tbody>
<tr>
<td><strong>Cost</strong></td>
<td>Contact for details</td>
</tr>
<tr>
<td><strong>Age Group</strong></td>
<td>All</td>
</tr>
<tr>
<td><strong>Who can Attend</strong></td>
<td>Anyone - please email for details</td>
</tr>
</tbody>
</table>

### Central Stars

**Address**
Huddersfield Central Youth Club,  
Prospect Street, Huddersfield, HD1 2NX

**Contact Details**
Integrated Youth Support Service,  
Paddock Youth Centre, Beech Street,  
Paddock, Huddersfield, HD1 4JN.  
Mary Fox 07976497960  
mary.fox@kirklees.gov.uk

**Cost**
£1.50 per session includes refreshments

**Activities**
A youth club for 13 – 25 year olds with mild and moderate disabilities. Activities include: dance, arts, crafts, competitions, sports, cooking, pool, snooker, wii, and various trips.

<table>
<thead>
<tr>
<th><strong>Session Details</strong></th>
<th>Wednesday 6:15pm – 8:45pm</th>
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<tbody>
<tr>
<td><strong>Who can Attend</strong></td>
<td>13 – 25 year olds with mild and moderate disabilities</td>
</tr>
</tbody>
</table>
Chair Exercise Class

Address
Huddersfield Town Hall

Contact Details
Dennis Killin 01484 460568

Activities
Chair exercise for elderly/ people with disabilities

Session Details
Wednesdays 1-30 to 2.30pm

Who can Attend
Session currently running at capacity, but anyone interested should ring for details.

Cost
£1.50 per Session

Cloverleaf Advocacy

Address
Kirklees Advocacy Office
26 Bond Street
Dewsbury WF13 1HF

Contact Details
Email: kirklees@cloverleaf-advocacy.co.uk
Phone: 01924 438438
Fax: 01924 438444
Sarah Roberts

Website
www.cloverleaf-advocacy.co.uk/

Other Information
We provide person centred advocacy services for people with mental health needs, people with learning disabilities, people with physical or sensory impairments, acquired brain injury, older people and carers. This includes self-advocacy and service user involvement initiatives.

Colne Valley Yoga for Health Self Help Group

Address
Mrs L Kelly
25 Ingfield Avenue
Dalton
Huddersfield HD5 9HE

Contact Details
Tel: 01484 310075

Activities
A support group for older and less able people, with gentle exercise from a chair.

Session Details
Meetings on Wednesday at 10.30am for 11am start prompt, 1 hour yoga, 20 minutes relaxation, finish at 12.30pm.

Cost
£4 per Session
# Dial Wood Carriage Driving Flockton

<table>
<thead>
<tr>
<th><strong>Address</strong></th>
<th>RDA Stables, Flockton</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Contact Details</strong></td>
<td>Audrey Honeyman 0845 450 7138</td>
</tr>
<tr>
<td><strong>Website</strong></td>
<td><a href="http://www.dialwood.btik.com/">www.dialwood.btik.com/</a></td>
</tr>
<tr>
<td><strong>Activities</strong></td>
<td>Offers carriage driving and activities with ponies to disabled people in the Wakefield and Kirklees area. We run sessions on a Tuesday, Thursday and Sunday afternoons. We have 2 quiet ponies and specially designed carriages with ramps for loading wheelchairs.</td>
</tr>
<tr>
<td><strong>Session Details</strong></td>
<td>Tues/ Thurs/ Sun afternoons</td>
</tr>
<tr>
<td><strong>Cost</strong></td>
<td>£6 approx</td>
</tr>
<tr>
<td><strong>Age Group</strong></td>
<td>All</td>
</tr>
<tr>
<td><strong>Who can Attend</strong></td>
<td>Applicants who have completed a registration form</td>
</tr>
<tr>
<td><strong>Affiliation Details</strong></td>
<td>Part of Riding for Disabled Association</td>
</tr>
</tbody>
</table>
Deighton Bright Stars Table Tennis Club

**Address**
Deighton Sports Arena, Deighton Road
HD2 1JP

**Contact Details**
Paul Simpson 01484 304856, 07879 248635

**Activities**
Table Tennis for children and adults with a disability 14+

**Session Details**
Session Details: Saturdays 3pm – 5pm, please call for further information prior to attending.

**Cost**
£3 per session

**Age Group**
14+

**Who can Attend**
Anyone

**Affiliation Details**
Flame Club is a brand of Clubs supported by Kirklees Council, giving assurances on Child/ Vulnerable Adult Protection, coaching standards and enjoyment.

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Disport

**Address**
Federation of Disability Sports Organisations
South Side Hospitality Suite
Wakefield Trinity Wildcats
Rapid Solicitors Stadium
Doncaster Rd
Wakefield

**Contact Details**
Email: fhall@fdso.co.uk

**Website**
www.fdso.co.uk

**Activities**
The role of Disport is to address the sporting needs of people with a learning disability, who live in the Yorkshire and Humber area.

**Session Details**
Annual Events calendar

**Cost**
Depends on event

**Age Group**
All ages

**Who can Attend**
Depends on event

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Directory of Sport and Physical Activity for Disabled People in Kirklees
### Experience Community

**Address**
Experience Community CIC, Yorkshire House, East Parade, Leeds, LS1 5BD

Contact details: Craig Grimes, Tel: 07958 591 841

**Contact Details**
Email: cgrimes@experiencecommunity.co.uk

**Website**
http://www.experiencecommunity.co.uk/

**Activities**
We provide short films about access and facilities for deaf and disabled people at tourism attractions, we also organise day trips to them. We can provide full support including accessible transport, tour guides, personal assistants and BSL Interpreters.

**Session Details**
Experience Community enables disabled and older people to enjoy a programme of inspiring, challenging, interesting outdoor and indoor day trips.

**Cost**
Day trips start from £2.50, contact for full details of destination and pricing.

**Who can attend:** Anybody with a disability or older people

### Federation of Disability Sports Organisations

**Address**
Federation of Disability Sports Organisations
South Side Hospitality Suite
Wakefield Trinity Wildcats
Rapid Solicitors Stadium
Doncaster Rd
Wakefield

**Contact Details**
Tel: 01924 372382
Email: Staff@fdso.co.uk

**Website**
www.fdso.co.uk

**Activities**
FDSO develops and promotes sporting opportunities for disabled people in the Yorkshire region, including running projects, delivering training, and a comprehensive events programme.

**Session Details**
Over 30 Annual Competitive events in the year

**Cost**
Depends on event

**Age Group**
All ages

**Who can Attend**
All ages and disabilities covered, with some restrictions at some events.

**Other Information**
Events programme and news available on www.fdso.co.uk
Get Active Day at Batley Sports and Tennis Centre

Address
Batley Sports and Tennis Centre, Windmill Lane, Howden Clough, Batley, WF17 0QD.

Contact Details
Tel: 01924 326181
batleysports+tc@kirklees.gov.uk

Website
http://www.kirkleesactive.co.uk/batley-sports

Activities
A day time session full of different activities including: warm water swimming, aqua fit class, multi sports, tennis, dance exercise class, table tennis, football skills, badminton and other sports. Floatation equipment is available to be used in this session and all public swimming sessions at this centre.

Session Details
Wednesdays 10:30am – 15:00pm, participants can come to this session at what time suits them best. Some activities such as football skills, warm water swimming, aqua fit and dance exercise class are timetabled, contact the centre for this information.

Cost
£4.25 KAL Card price or £5.10 without a KAL card

Who can Attend
Anybody is welcome to attend.

Groundwork, Green for Go Kirklees

Address of activity bases
Paddock Village Hall, West View Paddock, Huddersfield, HD1 4TX
Crow Nest Park, Heckmondwike Road, Dewsbury, WF13 2SG

Contact Details
Becky Holding
Tel: 0113 238 0601
rebecca.houlding@groundwork.org.uk

Website
http://www.groundwork.org.uk/Sites/leeds/pages/green-for-go-kirklees-leeds

Activities
Activities within this project include caring for allotments, growing food, making planters, or taking part in community tidy ups and conservation tasks. You can also suggest and work on your own projects, and you can work at your own pace throughout.

Session details: Mondays at the Paddock Village Hall in Huddersfield and Thursdays at Crow Nest Park in Dewsbury, from 10:00am-3:00pm.

Session Details
Mondays at the Paddock Village Hall in Huddersfield and Thursdays at Crow Nest Park in Dewsbury, from 10:00am-3:00pm.
Growing Works ‘Sprout’ session

**Address**
Growing Works, 4 The Knowle, Shepley, Huddersfield, HD8 8EA

**Contact Details**
Tel: 07982 920160 or 01484 606506

**Activities**
Gardening, den building, wildlife, investigation and cooking fun

**Session Details**
Contact for further information

**Who can Attend**
Children and Young People with a disability/disabilities.

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**Gymnasiums – Fitness (Inclusive Fitness Initiative)**

**Address**
Galpharm Stadium

**Contact Details**
01484 234110

**Website**
www.kirkleesactive.co.uk/

**Activities**
Exercise / Health & Fitness

**Who can Attend**
Anyone

**Affiliation Details**
Customers can access discounts through the KAL card scheme

**Other Information**
The centre is an approved IFI Centre

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**Cost**
£1 per session

**Who can Attend**
Green for Go! Is the project for you if you enjoy outdoor, practical activities and are an adult (over 18) with a learning disability, mental health difficulties, a physical disability or long term health conditions - or you simply want to get out and meet more people in a friendly and safe environment.
### Hollybank Trust

**Address**
Roe Head
Far Common Road
Mirfield
West Yorkshire WF14 0DQ
01924 490833

**Contact Details**
admin@hollybanktrust.com

**Website**
www.hollybanktrust.com

**Activities**
School, residential, therapies, and outdoor activities. Hydrotherapy, sensory therapies.

**Session Details**
Hollybank is a special School, and residential unit catering for children and adults with disabilities. The trust also provides therapies and sessions to disabled people who are not residents. Services for all disabilities, including PMLD.

**Cost**
Depends on service

**Age Group**
5-19

**Who can Attend**
Depends on service. Some services are for residents only. Facilities may be booked privately.

### Huddersfield Deaf Club

**Address**
Huddersfield Deaf Centre
53a Trinity Street
Huddersfield
HD1 4DN

**Contact Details**
Tel: 01484 542713
Email: huddsdeafcentre@talktalk.net

**Website**
www.facebook.com/huddersfielddc

**Activities**
Social Club/ meeting place for Deaf/ Hearing Impaired People

**Session Details**
Email for details
Huddersfield Tennis & Squash Club

Address
Cemetery Road
Edgerton
Huddersfield HD1 5NF

Contact Details
Telephone: 01484 422541
Email: admin@hltsc.co.uk

Website
www.hltsc.co.uk/contact.htm

Activities
Huddersfield Lawn & Tennis Squash Club is inclusive in its approach, and provides disability friendly sessions in Tennis, Padel and Squash.

Session Details
Tuesdays 13:30pm – 14:30pm
Cost: £1.75 per session

Who can Attend
Anybody with a disability.

Huddersfield Town Ability Counts (Football)

Address
The Zone Centre,
Huddersfield Saint Andrew’s Road
Huddersfield
West Yorkshire HD1 6PT
01484 484 134

Contact Details
West Riding County FA
Fleet Lane
Woodlesford LS26 8NX
James Doyle 07540 127 683

Website
thezonehct.com/hta fc-community-trust-2/

Activities
Football sessions for People with Learning Disabilities, plus teams.

Session Details
Low Ability / Beginners Sun 4-5pm
Juniors Sun 3-4pm
Adults Wed 5-6pm

Age Group
All ages, but must attend the appropriate sessions

Who can Attend
People with a learning disability

Affiliation Details
West Riding County FA.
Ability Counts Football

Other Information
Contact James Doyle 07540 127 683

Directory of Sport and Physical Activity for Disabled People in Kirklees
Kirklees Involvement Network

**Address**
Meetings at Dewsbury Minster and in Huddersfield

**Contact Details**
sarah.roberts@cloverleaf-advocacy.co.uk
07796 948 736

**Activities**
Self Advocacy group for adults with a learning disability.

**Session Details**
The groups meet on a regular basis to discuss issues of common need, including leisure and sporting activities.

**Age Group**
Adults

**Who can Attend**
Call for information

**Other Information**
Call for information

Kirklees Goalball Club

**Address**
Royds Hall School
Victory Ave
Huddersfield
HD3 4HA

**Contact Details**
Tel: 07956 126044
javedjav@hotmail.com
Javed Mohammed, Chairperson

**Activities**
Newly establish Goalball club for players with visual impairments. Currently catering for experienced players, but hoping to introduce a junior/ beginner section in the near future.

**Session Details**
Meets every other Sunday 2.30pm -4.30pm. Please check that the session is on before attending.

**Cost**
Membership fee £20 per year; session fee £2-£3 Includes kit, tape, goggles etc

**Age Group**
Currently 14+, but junior section to be set up in future

**Who can Attend**
Anyone with an interest

**Affiliation Details**
Goalball UK - Flame Club is a brand of Clubs supported by Kirklees Council, giving assurances on Child/ Vulnerable Adult Protection, coaching standards and enjoyment

Directory of Sport and Physical Activity for Disabled People in Kirklees
Kirklees Sports Association for the Disabled

**Address**
Huddersfield Sports Centre,
Kirklees Active Leisure
Southgate
Huddersfield
HD1 1TW

**Contact Details**
Mr R P Dyson
9 Coach House Drive
Dalton
Huddersfield HD5 8EG
01484 514552

**Activities**
Sports include badminton, bowls, curling, swimming, football and table tennis.

**Session Details**
Meetings on Monday from 7.15pm to 9.30pm

**Age Group**
All ages welcome

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Kirklees Tandem Trekkers

**Address**
Newsome High School and Sports College, Castle Avenue, Newsome, Huddersfield, HD4 6JN

**Contact Details**
Martin Eatherley, Tel: 07974603699
martin.eatherley@ntlworld.com
David Quarmby, Tel: 07736087019
david.quarmby@btconnect.com

**Activities**
Tandem Trekkers provides tandem cycling opportunities for people with a sensory impairment particularly visual, volunteers are available at the session for support. The session is delivered in a safe environment with no/little traffic, however the group do also go out on other rides.

**Session Details**
Every other Saturday, 12pm – 2pm. Contact to check the session is on the week you wish to attend.

**Cost**
£5 per session

**Who can Attend**
The session is particularly for people with a sensory impairment particularly visual, however anybody who is interested is welcome.
Kirklees Wheelchair Sports Club

**Address**
Fernside Avenue, 
Almondbury, 
Huddersfield, HD5 8PQ

**Contact Details**
Huddersfield Giants Community Trust (Wheelchair Rugby League),
Tel: 01484 484 178
glenn.holdsworth@thezone.uk.com
http://thezonehct.com/the-giants-zone/
Vivesport (Wheelchair Basketball),
Helen Calverley Tel: 0783 622 6545
enquiries@ViveSport.co.uk
http://www.vivesport.co.uk/

**Activities**
Kirklees wheelchair sports club delivers wheelchair sport skills through the 2 sports wheelchair rugby league and wheelchair basketball.

**Session Details**
Thursday 5:15pm – 7:15pm. This is the first wheelchair sports club for Kirklees and will be starting on Thursday 7th August 2014.

**Cost**
£2 juniors/£4 adults

**Who can Attend**
Sessions are open to both juniors and adults, participants with a disability as well as mainstream participants.

Longley Park Golf Club/ British Inclusive Golf

**Address**
Longley Park Golf Club
Maple Street
Aspley
Huddersfield HD5 9AX

**Contact Details**
info@longleyparkgolfclub.com
Clubhouse: 01484 426932
Inclusive golf provision at the golf club is arranged through British Inclusive Golf who are based at Longley Park Golf Club. For more information contact Kevin Booth kevinbooth.kb.2@gmail.com telephone numbers: 07775428745 or 07722524673

**Website**
http://britishinclusivegolf.org/

**Activities**
Inclusive golf sessions take place on a regular basis at the club.

**Session Details**
The golf sessions are made adaptable for all abilities, sessions can be held at the club but also in other indoor facilities using tri golf sets.

**Cost**
£5 per session, contact for further information

**Age Group**
All ages

**Who can Attend**
Anyone
Longwood Harriers Athletics Club

**Address**
Leeds Road Playing Fields/Leeds Rd, Huddersfield HD2 1YY

**Contact Details**
David Owen – Secretary
Tel: 01484 426296
Email: info@longwoodhac.org.uk

**Website**
www.longwoodhac.org.uk

**Session Details**
Summer time training (April to September) Tuesday & Thursdays 6.30pm to 8.30pm
Winter time training (October – March) Tuesday & Thursday – 6.30pm – 8pm

**Cost**
£1.35 for under 17’s & £2.50 for 17 yrs+

**Age Group**
All

**Who can Attend**
Sessions are open and inclusive to everybody.

**Other Information**
Call for information

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Luv2MeetU

**Contact Details**
Carol Hazeldine
Email: luv2meetu@hft.org.uk
Email: carol.hazeldine@hft.org.uk
01924 229120

**Website**
www.luv2meetu.com/index.php/contact-us

**Activities**
Social meeting events for people with a learning disability.
Opportunity to make new friendships, based around leisure activities.

**Session Details**
Regular meetings, get togethers and outings

**Cost**
Annual Membership fee

**Age Group**
Adults with a learning disability

**Who can Attend**
Adults with a learning disability and their carers

**Affiliation Details**
HFT
Meltham Sports and Community Group Ltd

**Address**
Meltham Sports and Community Centre
Mean Lane
Meltham
Holmfirth
HD9 5QT

**Contact Details**
Paul White 01484 308995

**Session Details**
Over 55’s Leisure and Activity Club – offers sports activities such as crown green bowling, indoor kurling, badminton, table tennis, cards, dominoes and quizzes 3 days a week. A lunch is also provided at the Tuesday session and pie and peas are offered in the winter to encourage people to attend the sessions. The club works with Friend2Friend and Bridgewood Trust. Members pay

**Cost**
£1 contributions per session

**Age Group**
Over 55s

**Who can Attend**
Over 55s

**Other Information**
The Meltham Sports and Community Centre is available to all
Tel: 01484 850198

Mencap in Kirklees

**Address**
Jill Robson
Mencap in Kirklees
Brunswick House
33 East Street
Lindley
Huddersfield HD3 3DT

**Contact Details**
Tel: 01848340811
Fax: 01484340822
Email: info@mencapinkirklees.org.uk

**Website**
www.mencapinkirklees.org.uk

**Activities**
Campaigning for the rights of people with learning disability and their family and carers. Advice and information, befriending, residential care, day care and community support, leisure activities.

**Session Details**
Office open Monday to Friday 9am to 5pm
More Fun Club (Mencap)

**Address**
Branches Day Opportunities Centre in Batley
Branches building is Unit 9, Carlinghow Mills, 499 Bradford Road, Batley, WF 8LN

**Contact Details**
Sue Crabtree, Mencap in Kirklees on 01484 340811

**Website**
www.mencap.org.uk/local-groups/group/mencap-kirklees

**Activities**
Fun activities. Everyone who comes along has a say in choosing what they would like to do and where they would like to go.

**Session Details**
Thursday evening from 6pm to 9pm. More Fun Club is a leisure club for older children who have a moderate learning disability, who are aged from 13 to 18 and who live in the North Kirklees area. The club meets on a Thursday evening from 6pm to 9pm at Branches Day Opportunities Centre in Batley

**Age Group**
13 - 18

**Who can Attend**
Young People with Learning Difficulties

**Affiliation Details**
Mencap

North Kirklees Phab Club

**Address**
Options Centre
7 George Street
Dewsbury WF13 2LX

**Contact Details**
01924 438239
Email: options.centre2@hotmail.com

**Website**
www.phabengland.org.uk/

**Activities**
Phab creates opportunities for children and adults of all abilities to enjoy life together. Open to all. Fully equipped for those with special needs.

**Session Details**
Open Monday and Thursday from 7pm to 9pm

**Age Group**
Ages 7 years and upwards

**Who can Attend**
Anyone, 7+
Pennine Bowling Club

Contact Details
juneholroyd134@btinternet.com or telephone Margaret Chisem on 01924 495699

Activities
The Pennine Bowling Club; a sports club for people with a visual impairment. Open to new members, we welcome all members male or female, young or old, come along and give flat green bowling a go!

Session Details
Brighouse in the summer and Cleckheaton in the winter.

Ponderosa: Rural Therapeutic Centre

Address
Ponderosa Park
Off Smithies Lane
Heckmondwike WF16 0PN

Contact Details
Tel/Fax: 01924 235276
Email: info@ponderosa-centre.co.uk

Website
www.ponderosa-park.co.uk

Activities
Ponderosa Rural Crafts offers a wide range of work based activities that can help and develop lots of different needs. We offer this service to people who have different needs i.e. physical disabilities, learning disabilities, depression, stroke victims and anyone who feels that we can offer them a service.

Session Details
1st April - 31st October (Including Easter Holidays and October half term) 10am-5pm (last entry at 4pm)
We are open all bank holidays and school holidays 10am-5pm (last entry at 4pm)
Last admittance to the playbarn is 3.30pm

Cost
See Website

Age Group
Any Age
### Rawthorpe St. James Armchair Aerobics

**Address**  
Derek Liddell  
1 St James Way  
Rawthorpe  
Huddersfield HD5 9SH  

**Contact Details**  
Tel: 01484 534479  
Email: transformation@stjames247.co.uk

**Activities**  
Provides gentle exercise whilst sat, as well as socialising and fellowship. Open to disabled people and their carers.

**Session Details**  
Held on Monday 12 noon to 1pm

### Real Employment, North and South Kirklees

**Address**  
Batley Resource Centre, 90 Commercial Street, Batley, WF17 5DS  
& Real Employment, 41 Market St, Huddersfield, HD1 2HL

**Contact Details**  
Tel: 01484 226581,  
jayne.lodge@kirklees.gov.uk

**Website**  
http://www.kirklees.gov.uk/community/health-care/learningdisability/REAL/real2.shtml

**Service**  
The Real Employment Agency works with people who have a mild to moderate learning disability. Real offers customers a unique package of support to help them to gain and maintain employment in the ‘open’ jobs market, including help with CV’s, Job application forms both written and online, interview training etc. The service also signposts to activities participants can get involved in.

**Session Details**  
Saturdays 10 am to 12 noon. The club does not open during the school holidays.  
The club aims to provide a fun and safe environment for the children who attend with activities that are suited to the needs of each child. We always try and provide opportunities for learning new skills and developing existing abilities.

**Cost**  
No cost

**Who can Attend**  
Any adult with a learning disability
## Riding for The Disabled (Emley Moor)

<table>
<thead>
<tr>
<th><strong>Contact Details</strong></th>
<th><strong>Activities</strong></th>
<th><strong>Session Details</strong></th>
<th><strong>Cost</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>P Hampshire</td>
<td>Horse Riding</td>
<td>Mondays: 5.30 &amp; 6pm approx 1 hour</td>
<td>FREE</td>
</tr>
<tr>
<td>Factory Farm, Factory Lane</td>
<td></td>
<td>Tuesdays:5.30pm approx 1 hour</td>
<td></td>
</tr>
<tr>
<td>Emley Moor</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Huddersfield</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>West Yorkshire</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>HD8 9TE</td>
<td></td>
<td></td>
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</tr>
</tbody>
</table>

## Riding for the Disabled (Lepton)

<table>
<thead>
<tr>
<th><strong>Website</strong></th>
<th><strong>Affiliation Details</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><a href="http://www.rda.org.uk/">www.rda.org.uk/</a></td>
<td>Part of Riding for Disabled Association</td>
</tr>
</tbody>
</table>

## Safe Anchor Trust

<table>
<thead>
<tr>
<th><strong>Website</strong></th>
<th><strong>Activities</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><a href="http://www.safeanchor.org.uk/">www.safeanchor.org.uk/</a></td>
<td>The Safe Anchor Trust, a registered charity providing boat trips particularly to disadvantaged people in Kirklees.</td>
</tr>
</tbody>
</table>
**Saturday Live**

**Address**
Young Batley Centre
Thomas Street
Batley

**Contact Details**
Jade Smith 07979941718 jade.smith@kirklees.gov.uk

**Session Details**
Youth club activities for young people with mild to moderate disabilities. Activities include sports and physical activity, healthy cooking, arts & crafts, dance projects and ICT.

**Cost**
£1.50 (includes lunch)

**Age Group**
Children aged 13+

**Who can Attend**
Young People with Mild/ Moderate Learning Difficulties
Part of the Integrated Youth Support Services

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**Singing for Wellbeing**

**Address**
Brian Jackson Centre, Huddersfield

**Contact Details**
Phil Wootton 01484 663521

**Website**
www.poperetta.co.uk

**Activities**
Singing for physical well being/enjoyment

**Session Details**
Thursdays 2-4pm

**Who can Attend**
Anyone

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**Skills 4 U 2**

**Address**
c/o St Mary’s Social Club
Melton Street
Crossbank
Batley WF17 8PT

**Contact Details**
james.carey@actionforblindpeople.org.uk

**Activities**
Using performing arts as a vehicle we promote independent living and personal development for adults with learning disabilities - focussing on inclusion and health-related topics.

**Session Details**
Meetings on Monday afternoons 1pm to 3pm
SNAP Club

Address
Phoenix Centre
Dunford Road
Holmfirth

Contact Details
M Langdon 01484 684762
mlangdon11@hotmail.com

Activities
Various activities, e.g. drama workshops, dancing, football, games, social activities at the Centre and also theatre trips and days out occasionally. Residential trips every couple of years.

Session Details
Meetings on Thursday evenings from 7pm to 9pm

Age Group
For all ages of special needs along with their siblings

Who can Attend
Anyone

Saturday Fun Club (Mencap)

Address
Healy Community Centre, Batley

Contact Details
Sue Crabtree,
Mencap in Kirklees 01484 340811

Website
www.mencap.org.uk/local-groups/group/mencap-kirklees

Activities
Arts and crafts, baking, board games, dance, music, story telling and visits to places in the local community

Session Details
Saturdays 10 am to 12 noon. The club does not open during the school holidays.

The club aims to provide a fun and safe environment for the children who attend with activities that are suited to the needs of each child. We always try and provide opportunities for learning new skills and developing existing abilities.

Cost
£3.50

Age Group
6-13

Who can Attend
Young People with Learning Difficulties

Affiliation Details
Mencap
### Streetbikes’

<table>
<thead>
<tr>
<th>Address</th>
<th>Spenborough Pool and Fitness Complex, Bradford Road, Liversage, WF15 6LW</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contact Details</td>
<td>Gill Greaves 07873773417 <a href="mailto:streetbikescic@yahoo.co.uk">streetbikescic@yahoo.co.uk</a></td>
</tr>
<tr>
<td>Website</td>
<td><a href="http://www.streetbikes.org.uk/">http://www.streetbikes.org.uk/</a></td>
</tr>
</tbody>
</table>

**Activities**

Cycling for all abilities takes place at the running track at Spenborough Pool and Fitness Complex. The session’s boasts two tricycles, two hand cycles and a wheelchair carrying cycle to ensure there is something for all abilities.

| Session Details | Tuesday and Thursday 10:30 – 12:00 and 13:00 – 14:30, and Saturdays 12:30 – 15:00. Ring above contact number to book your place. |

### Special Needs North Kirklees Gym Club

<table>
<thead>
<tr>
<th>Address</th>
<th>c/o Batley Baths Cambridge Street Batley WF17 5JH</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contact Details</td>
<td>For a members pack please phone 07801 101998 or email <a href="mailto:jacky@eva1961.freeserve.co.uk">jacky@eva1961.freeserve.co.uk</a></td>
</tr>
<tr>
<td>Website</td>
<td><a href="http://www.streetbikes.org.uk/">http://www.streetbikes.org.uk/</a></td>
</tr>
</tbody>
</table>

**Activities**

All members are registered with the British Disabled Gymnastics Association.

**Cost**

£2.50 a Week

**Age Group**

Children with special needs aged 5 years and over

**Who can Attend**

Children with special needs aged 5 years and over

**Affiliation Details**

British Disabled Gymnastics Association/ Special Olympics
### Swing-in-Schools Golf Sessions

**Address**  
Sessions delivered at Bradley Park Golf Club or Longley Park, or by arrangement at a venue to suit a group

**Contact Details**  
Adam Walker Tel: 07979 184982  
Tom Wild Tel: 07725 516140

**Activities**  
Inclusive golf sessions for anyone with any disability.

**Age Group**  
All ages welcome. Groups or individuals.

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### The Bridgewood Trust

**Address**  
Mrs Dawn Langford  
The Bridgewood Trust Registered Office  
St Paul’s House  
Armitage Bridge  
Huddersfield HD4 7NR

**Contact Details**  
Tel: 01484667866  
Fax: 01484667747  
Email: dlangford@bridgewoodtrust.co.uk

**Activities**  
Provision of residential, domiciliary and day services to people with learning disabilities. In addition we provide advice, advocacy, support and care guidance to those with or those caring for a person with a learning disability.

**Session Details**  
Head Office open Monday to Friday from 9am to 5pm.
## The Leisurley Lunch Club

**Contact Details**
For more information about this club please call Nikki Paxman on 01924 479082.

**Activities**
A social club held at Batley Old People’s Centre. The club holds lunch and different social activities including bingo and bored games.

**Session Details**
Thursdays 11:30am – 13:30pm.

**Cost**
£4 per person.

## The Up Club

**Address**
The Watershed.  
22 Bridge Street,  
Slaithwaite,  
Huddersfield, HD7 5JN.

**Website**
http://www.shabang.org.uk/content/whole-shabang

**Telephone**: 01484 848073

**Activities**
The Up Club is a weekly drama club for children with Down syndrome, this club is delivered by Shabang.

**Session Details**
Sessions run on Mondays 5:00pm – 6:30pm, call telephone number above for more information.

## U- Turn

**Address**
Quarry Hill Centre, Almondbury

**Contact Details**
uturnproject@live.com  
Tel: 07980 692766

**Activities**
A youth club for young adults with additional needs.

**Session Details**
Every Tuesday evening.

**Age Group**
Age 14 and over
### United Response

**Address**
Stephen Cotton  
United Response  
42 - 45 Byram Arcade  
Westgate  
Huddersfield  
HD1 1ND

**Contact Details**
Tel: 01484531965  
Fax: 01484452204

**Website**
www.unitedresponse.org.uk

**Activities**
United Response is a national charity that supports people with learning disabilities, mental health needs and physical disabilities to take control of their lives.

### Xylosound

**Address**
Liz Challenger  
c/o The Watershed  
22 Bridge Street  
Slaithwaite  
Huddersfield  
HD1 2PB

**Contact Details**
Tel: 07753957992  
Email: lizchallenger@hotmail.com

**Activities**
Xylosound is a group of musicians with a learning disability.

**Session Details**
Meet Friday 10.30am-2.30pm
Batley Baths & Recreation Centre

Special Needs North Kirklees Gym Club
Tuesday from 6.45pm to 8.45pm (term time only)
Plus 1 scheme in operation for carers.

Address
Batley Baths & Recreation Centre, Cambridge Street, Batley, WF17 5JH

Phone number (reception/enquiries)
01924 326167

Email
batley.baths@kirklees.gov.uk

Venue Facility Details
Swimming Pool –10 metres
Sports Hall, Studio, Sauna and Steam Room
Fitness Suite, Studio, Sauna, Sports Hall
Close to main bus station in Huddersfield

Accessible Parking
Level Access
Accessible Toilet
Refreshments Available

Accessible Changing Room
Pool Hoist
Pool Chair
Pool Temperature 29-29.5°C
Assistance Provided
Refreshments Available

Apna Venue (Sikh Leisure Centre)

Address
Prospect Street
Springwood
Huddersfield HD1 2NX

Phone number (reception/enquiries)
01484 450650

Email
sikhleisurecentre@hotmail.co.uk

Fax
01484 450750

Venue Facility Details
Fitness Suite, Gym, Sauna, Sports Hall
Close to main bus station in Huddersfield

Accessible Parking
Level Access
Accessible Toilet
Refreshments Available
Batley Sports and Tennis Centre

Address
Windmill Lane, Birstall, Batley WF17 0QD

Phone number (reception/enquiries)
01924 326181

Venue Facility Details
25m Main Pool plus 10m Small Pool including Splash Factory – children’s interactive water feature
Sports Hall, Tennis Centre, Astroturf, Gymnasium, Squash, Multi purpose room, Bar/conference – Fitness suite
Get Active Day – sports and social club for people with a disability, 10:30 – 15:00pm every Wednesday.
Batley Spots Association for Disabled Swimming session, 12pm – 13:00pm every Sunday.
Plus 1 scheme in operation for carers.
Junior Flame Club – Multisports for Children with a disability 10.30-12noon Saturdays
Batley Sports Association for Disabled Swimming sessions Sunday from 12noon to 1pm
Plus 1 scheme in operation for carers.

Accessible Parking
Level Access
Accessible Toilet
Accessible Changing Room
Pool Hoist
Pool Chair
Pool Temperature
29°C main pool
31°C small pool
Accessible Shower
Loop System
Assistance Provided
Refreshments Available

Sports and Social Club for People with a disability
Get Active Day 11am – 3pm, and every Wednesday at Batley Sports and Tennis Centre
Bradley Park Golf Club

**Address**
Bradley Park Golf Course, Bradley Road, Huddersfield. HD2 1PZ

**Phone number (reception/enquiries)**
01484 223772

**Venue Facility Details**
18 hole golf course and a club house

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Colne Valley Leisure Centre

**Address**
New Street, Slaithwaite Huddersfield HD7 5AB

**Phone number (reception/enquiries)**
01484 222522

**Email**
colnevalleylc@kirklees.gov.uk

**Venue Facility Details**
Swimming Pool – 25m
Sports Hall – badminton, table tennis, available for functions
Fitness suite – 50-station state of the art gym – all Technogym equipment
Dry and wet changing facilities and showers, hair dryers and lockers
Open to the general public, with disabled users welcome
Bus Routes 335, 937, 938, 181

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**Directory of Sport and Physical Activity for Disabled People in Kirklees**
Deighton Sports Arena

Address
Deighton Road, Huddersfield, West Yorkshire, HD2 1JP

Phone number (reception/enquiries)
01484 221799

Email
deighton.sportsarena@kirklees.gov.uk

Venue Facility Details
Nearest rail station: Deighton
Dry and wet changing facilities
Sports Hall – large multi-purpose area 33m x 18m
Newly Refurbished Fitness Suite
Technogym and power sport equipment

Dance Studio – 14m x 7m, Class Room
– available for seminars, meetings and Table Tennis and showers, hair dryers and lockers
Open to the general public, with disabled users welcome
Deighton Brightstars Table Tennis Club operate out of Deighton Sports Arena on
a Saturday. This is a session for people 14+ with a disability to take part in table tennis.
Deighton Centre runs the FLAME CLUB Saturdays 12.00-14.00 (except 1st Saturday of the month) for young disabled adults. Disability Table Tennis Club coming soon.

DEIGHTON BRIGHT STARS
LEARNING DISABILITY TABLE TENNIS CLUB

A new Table Tennis Club for People with Learning Disabilities,
Venue: Deighton Arena, Huddersfield.
Fun, coached sessions for people aged 14+-
• Learn the game & basic skills
• Develop hand/eye co-ordination
• Meet new people and socialise
• Exercise without realising
• Fun sessions against the robot
• Wii Table Tennis station

For more info please contact: Paul Simpson 07879248635
### Dewsbury Sports Centre

<table>
<thead>
<tr>
<th>Address</th>
<th>Accessible Parking</th>
</tr>
</thead>
<tbody>
<tr>
<td>Long Causeway, Dewsbury WF12 8EN</td>
<td></td>
</tr>
<tr>
<td>Phone number (reception/enquiries)</td>
<td>Level Access</td>
</tr>
<tr>
<td>01924 325020</td>
<td></td>
</tr>
<tr>
<td>Email</td>
<td>Accessible Toilet</td>
</tr>
<tr>
<td><a href="mailto:dewsbury.sc@kirklees.gov.uk">dewsbury.sc@kirklees.gov.uk</a></td>
<td></td>
</tr>
<tr>
<td>Venue Facility Details</td>
<td>Accessible Changing Room</td>
</tr>
<tr>
<td>Main Pool (33m x 12.5m) and Small Pool (12.5m x 12.5m) offering a wide range of sessions at various times.</td>
<td>Pool Hoist</td>
</tr>
<tr>
<td>Health Suite including sauna, steam room and spa pool, offering mixed, ladies only and male only sessions. Sports Hall Fitness suite consisting of 80 state of the art Technogym stations and free weights area. 2 indoor Squash courts available for public hire on a daily basis.</td>
<td>Ramped Access</td>
</tr>
<tr>
<td>Nearest Bus / Rail Station – Dewsbury</td>
<td>Accessible Shower</td>
</tr>
<tr>
<td>Plus 1 scheme in operation for carers</td>
<td>Lift Access</td>
</tr>
</tbody>
</table>

### Holmfirth Pool & Fitness Centre

<table>
<thead>
<tr>
<th>Address</th>
<th>Accessible Toilet</th>
</tr>
</thead>
<tbody>
<tr>
<td>Holmfirth Pool &amp; Fitness Centre, Huddersfield Road, Thongsbridge, Holmfirth, HD9 3JL</td>
<td></td>
</tr>
<tr>
<td>Phone number (reception/enquiries)</td>
<td>Accessible Changing Room</td>
</tr>
<tr>
<td>01484 222440</td>
<td>Pool Hoist</td>
</tr>
<tr>
<td>Email</td>
<td>Ramped Access</td>
</tr>
<tr>
<td><a href="mailto:holmfirth.pool@kirklees.gov.uk">holmfirth.pool@kirklees.gov.uk</a></td>
<td>Accessible Shower</td>
</tr>
<tr>
<td>Venue Facility Details</td>
<td>Lift Access</td>
</tr>
<tr>
<td>20m Swimming Pool and Fitness Centre</td>
<td>Pool Temperature</td>
</tr>
<tr>
<td>30 station fitness suite including cardio, resistance and functional area.</td>
<td>29°C</td>
</tr>
<tr>
<td>Dance Studio</td>
<td>Assistance Provided</td>
</tr>
<tr>
<td>New reception area with PALS office</td>
<td>Refreshments Available</td>
</tr>
<tr>
<td>Multi Use Games Area (outside)</td>
<td></td>
</tr>
<tr>
<td>Free parking</td>
<td></td>
</tr>
</tbody>
</table>
Huddersfield Sports Centre

**Address**
Southgate, Huddersfield HD1 1TW

**Phone number (reception/enquiries)**
01484223630

**Email**
huddersfield.sc@kirklees.gov.uk

**Venue Facility Details**
Nearest Bus & Train Station - Huddersfield
25m Main Pool, Teaching Pool
Health Suite, Sauna, Steam Room, 3 Squash Courts, Indoor Bowling Green

Sports Hall, Fitness Suite, Studio Cycling Room, Combat Room, Climbing Wall
Moveable bed and transfer chair within the changing facility
Plus 1 scheme in operation for carers
Disability Friendly Sessions:
Swimming lessons for Disabled
Kirklees Sports Association for Disabled
(Monday evening),
Actionnaires for Visually Impaired
(Saturday Mornings), Kirklees Disability
Swimming Club learn to swim’ and
performance squad training for disabled.
(Saturday Evenings)

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**Huddersfield Sports Centre**

- Accessible Parking
- Level Access
- Accessible Toilet
- Accessible Changing Room
- Pool Hoist
- Pool Chair
- Pool Temperature 28°C main pool
  31°C small pool
- Accessible Shower
- Loop System
- Assistance Provided
- Refreshments Available

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Lift Access
Ramped Access
Qualified Coaches
Leeds Road Sports Complex

**Address**
Leeds Road Sports Complex, Leeds Road, Huddersfield, HD2 1YY

**Phone number (reception/enquiries)**
01484 223178

**Email**
leeds.rdpf@kirklees.gov.uk

**Venue Facility Details**
Sports Barn, Athletics Track, Indoor Crown Green Bowling Dome, Outdoor Gym, Outdoor Play Area, Sports pitches
Plus 1 scheme in operation for carers

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Lockwood Park Health and Fitness Club

**Address**
Lockwood Park, Brewery Drive, Huddersfield, HD4 6EN

**Phone number (reception/enquiries)**
01484 429000

**Email**
lockwood.park@kirklees.gov.uk

**Venue Facility Details**
Fitness Suite 28 station state of the art gym – all techno gym equipment, smaller resistance gym, spin studio, studio, members lounge and health spa. Halls, Trampolines
Mirfield Free Grammar School Sports Centre

**Address**
Kitson Hill Road, Mirfield, WF14 9EZ

**Phone number (reception/enquiries)**
07805 754868

**Email**
sportscentre@themfg.co.uk

**Venue Facility Details**
Facilities are available to hire: Monday to Friday 6pm to 10pm
Saturday and Sunday 9am to 4pm
Facilities include:
Members-only gym with the latest modern equipment
Floodlit synthetic turf pitches
Indoor cricket nets, Dance studio, Sports Halls, Trampolines

Scissett Baths & Fitness Centre

**Address**
Wakefield Rd, Scissett, Huddersfield HD89HU

**Phone number (reception/enquiries)**
01484 222907

**Email**
scisett.baths@kirklees.gov.uk

**Venue Facility Details**
23m Swimming Pool
Fitness Suite
No specific sessions or lessons for Disabled currently
Plus 1 scheme in operation for carers

**Pool Temperature**
29°C

**Assistance Provided**
Refreshments Available

**Accessible Toilet**
Accessible Changing Room
Lift Access
Refreshments Available

**Accessible Parking**
Accessible Changing Room
Pool Hoist
Ramped Access
Pool Temperature 29°C
Assistance Provided
Refreshments Available
Spenborough Pool & Fitness Complex

**Address**
Spenborough Pool & Fitness Complex, Bradford Road, Liversedge
WF15 6LW

**Phone number (reception/enquiries)**
01274 335140

**Email**
spenborough.pool@kirklees.gov.uk

**Fax**
01274 335160

**Venue Facility Details**
Bus Route 268
33m Main Pool with flume and spring board Additional Smaller pool
Disability Friendly Sessions:
Fridays - public swim from 15.15-16.00 of which half the pool is allocated to blind/ visually impaired swimmers.
Outdoor Athletics Track
Adapted Cycle Sessions (Outdoor Track)
Tues: 10.30-2.30
Thurs: 10.30-2.30
Friday: 10.30-2.30

1 Hour bookings
Plus 1 scheme in operation for carers.

- Accessible Parking
- Level Access
- Accessible Toilet
- Accessible Changing Room
- Pool Hoist
- Pool Chair
- Pool Temperature 29°C main pool 32°C small pool
- Lift Access
- Assistance Provided
- Refreshments Available

Directory of Sport and Physical Activity for Disabled People in Kirklees
Stadium Health & Fitness Complex

Address
John Smith’s Stadium Business and Leisure Complex, Stadium Way, Huddersfield, HD1 6PG

Phone number (reception/enquiries)
01484 234110

Email
stadium.pool@kirklees.gov.uk

Venue Facility Details
25m Swimming Pool, Exercise Studio, Health Club, Sauna & Steam room
8m free-form leisure pool with spa
Buses – Use Buses for Leeds Road
Nearest Rail Station – Huddersfield
Swimming Lessons for Disabled Swimmers Available
Plus 1 scheme in operation for carers
Moveable bed and transfer chair within the changing facility

Accessible Parking
Level Access
Accessible Toilet
Accessible Changing Room
Pool Hoist
Pool Chair
Pool Temperature 29.5°C main pool 31°C small pool
Accessible Shower
Loop System
Assistance Provided
Refreshments Available
Qualified Coaches
Whitcliffe Mount Sports Centre

**Address**
Turnsteads Avenue, Cleckheaton, West Yorkshire, BD19 3AQ

**Phone number (reception/enquiries)**
01274 335130

**Email**
Whitcliffe.mountsc@kirklees.gov.uk

**Fax**
01274 335129

**Venue Facility Details**
Bus Route 255
2 Sports Halls, 4 x Squash Courts, Studio Cycling Studio
Gymnasium, 3 Lane Indoor Bowling Rink, Fitness Suite
Multi Purpose Activity Room, SHOKK Activity Area
Bar Lounge and Function Suite
Outdoor Floodlit Redgra, 5 x Outdoor Tennis Courts

Disability Friendly Sessions:
Pennine Bowling Club for the visually impaired
Dewsbury Society for the blind

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The Zone

**Address**
Saint Andrew’s Road, Huddersfield, West Yorkshire HD1 6PT

**Phone number (reception/enquiries)**
01484 484134

**Venue Facility Details**
Indoor Synthetic Football/Rugby Pitches, Dance Studios, Play Area, Gym.
Disability Friendly Sessions (Football)
Low Ability/Beginners Sun 4-5pm
Juniors Sun 3-4pm
Adults Wed 5-6pm

Moveable bed and transfer chair within the changing facility
Useful Contacts

The Federation of Disability Sports Organisations

Address
South Side Hospitality Suite
Wakefield Trinity Wildcats
Rapid Solicitors Stadium
Doncaster Road
Wakefield
WF1 5EY

Contact Details
Tel: 01924 372382

Details
FDSO promotes sporting opportunities for people with a disability who live in Yorkshire and the Humber. Providing competitive opportunities, events, training, and campaigning for inclusion,

FDSO works closely with partners in the region to ensure that disabled people are at the forefront of sport.
FDSO manages the listings for this directory, so if you have any additional information or amendments, please contact
Fiona Hall fhall@fdso.co.uk
www.fdso.co.uk
Kirklees Council Sports Development Team

Address
Communities and Leisure
Red Doles Lane
Huddersfield
HD2 1YF

Contact Details
Tel: 01484 234082
Mob: 07812 106782

Fax: 01484 234099
Email: claire.howe@kirklees.gov.uk

Details
Kirklees Council Sports Development team is fully committed to promoting inclusion of people with a disability in sports and Physical Activities.

Kirklees Council Community Partnerships

Address
Community Partnerships and Altogether Better Kirklees
2nd Floor
Civic Centre 1
High Street
Huddersfield
HD1 2YU

Contact Details
Tel: 01484 225142

Details
Community Partnerships provide funding and development support to organisations which support adults who have a social care need.
West Yorkshire Sport

Contact Details
Development Manager - West Yorkshire
James Brown
Tel: 07533 769787
james.brown@wysport.co.uk
www.wysport.co.uk/play/disability/

local officer
Abbi Andiyapan, Development Officer
Tel - :07964209341/ 01484 234093
abigail.andiyapan@wysport.co.uk

Details
West Yorkshire Sport’s aim is to improve quality of life in West Yorkshire by:
increasing the number of people being actively involved in sport, active recreation
and physical activity; and supporting the fulfilment of potential.
Helpful Services

Ready Steady Go Scheme
The Ready Steady Go scheme is aimed to help people get into fitness. It helps people with disabilities access leisure centres more easily by helping the facility staff be more inclusive and friendly. The scheme can also help individuals with their own goals such as weight loss and can be used as a motivational tool. The scheme is currently active in Batley Sports Centre, Dewsbury Sports Centre, Huddersfield Sports Centre and the Stadium Health and Fitness Complex.
To find out more about Ready Steady Go or to book an appointment please contact Kelly Potts on 07528 988768.

Sports Buddy
Sports Buddy has been set up as a project which recruits, trains and supports volunteers to offer short term support to individuals who are unable to participate in sport or physical activity independently. Do you need a sports buddy to help you take part in sport and physical activity?
To find out more about sports buddy visit the website: http://www.sportsbuddy.org.uk/ or phone 01484 820145.

Safe Places
The Safe Places scheme is to help people with learning disabilities when they go out. Sometimes when we go out things can happen and you need help but there is no one around to ask. You might have lost your bus pass or someone has been unkind and you feel upset and afraid. A Safe Place is somewhere you can go to for help if this ever happens to you. This scheme is active in Kirklees, to find out where the safe places are or how you can use this scheme please contact Samantha Jones at Mencap in Kirklees on samantha.jones@mencapinkirklees.org.uk or phone 01484 340811.

Board Talk
BoardTalk boards use symbols, photographs and words to try to help you if you can’t talk or have speech that is difficult to understand. The boards can also help people to tell you what is going to happen or what you need to do. There are many places in Kirklees using BoardTalk, there should be a sign on the door or a poster at reception showing you that BoardTalk are accessible. For more information about BoardTalk please contact Abbi Andiyapan on abigail.andiyapan@wysport.co.uk or phone 07964209341.
**Befriending Scheme**
The befriending scheme is a volunteer based scheme where volunteers spend time with someone in their home or out and about, where they can engage in a variety of activities such as social games, sport or even just visiting a café and enjoying a chat. To arrange to be set up on the befriending scheme or to find out more please contact Nikki Paxman on nikki.paxman@yccuk.org.uk or phone 01484 519988.

**Travel Companion Scheme**
The travel companion scheme is a volunteer based service where volunteers offer their time to accompany and drive clients to appointments, such as hospital visits, social groups or activities. The service offer company and friendship, not just the travel. To find out more please contact Nikki Paxman on nikki.paxman@yccuk.org.uk or phone 01484 519988.

**Cloverleaf Advocacy Travel Training**
Cloverleaf Advocacy Travel Training provides help to people with disabilities in all aspects of planning a journey, the travelling and any problem solving which may be required. To find out more information about travel training please contact cloverleaf advocacy on TravelTraining@Cloverleaf-advocacy.co.uk or phone 01924 454875.

**Creating Connections Project**
The Creating Connections Project aims to establish a sport and physical activity care pathway for people with a disability across West Yorkshire. Connections will be made between sport, the health sector and disabled peoples organisations (DPO’s) to increase the number of people with a disability regularly playing sport. To find out more about the project please visit the project’s web page on http://www.wysport.co.uk/play/disability/creating-connections/ or contact the Kirklees District Officer Abbi Andiyapan on abigail.andiyapan@wysport.co.uk or phone 07964209341.
Kirklees Active Leisure

Address
Kirklees Active Leisure Head Office
Stadium Business & Leisure Complex
Stadium Way
Huddersfield
HD1 6PG

Contact Details
Tel: 01484 234110
gareth.watson@kirklees.gov.uk
www.kirkleesactive.co.uk/

Details
Kirklees Active Leisure (KAL) is the charitable trust which manages 12 major sports centres and swimming pools on behalf of Kirklees Council. The KAL card enables people to access facilities at a discounted rate, and KAL also operates a “Plus 1” Scheme, to enable carers of people with a disability free access to facilities, when supporting a disabled person.

Branches Day Centre (Batley)

Address
Carling Mills, Unit C9
499 Bradford Road
Batley
WF17 8LL

Contact Details
Tel: 01924 326334
Email: elaine.richardson@mencapinkirklees.org.uk

Activities
Saturday Fun Club, Walking Groups & Residentials

Session Details
Drop in

Age Group
Over 40 Years

Who can Attend
Adults with a disability

Other Information
Covers North Kirklees
### Day opportunities in North Kirklees for people with learning disabilities

<table>
<thead>
<tr>
<th>Address</th>
<th>Session Details</th>
</tr>
</thead>
</table>
| Community Access Centre  
Red Laithes Court  
Ravensthorpe  
Dewsbury  
Habib Base, Dewsbury  
Heckmondwike Scouts and Community Centre  
Turnsteads Community Centre, Cleckheaton | All these day-centres are Council-run, and are open Monday to Friday. |

<table>
<thead>
<tr>
<th>Contact Details</th>
</tr>
</thead>
</table>
| Trish Harland: 01924 326422  
Email: trish.harland@kirklees.gov.uk |

### Day opportunities in South Kirklees for people with learning disabilities

<table>
<thead>
<tr>
<th>Address</th>
<th>Contact Details</th>
<th>Session Details</th>
</tr>
</thead>
</table>
| Highfields Community Resource Centre, Huddersfield  
Highfields Garden Project  
Brian Jackson House, New North Parade, Huddersfield  
Fartown Village Hall, Huddersfield  
Honley Village Hall  
Slaithwaite Civic Hall | June Bell Tel: 01484223750  
Email: june.bell@kirklees.gov.uk | All these day-centres are Council-run, and are open Monday to Friday. |