

A vibrant, healthy and prosperous Yorkshire through sport and physical activity

# Yorkshire Sport Foundation is the County Sports Partnership for South Yorkshire and West Yorkshire



The name Yorkshire is synonymous with sport and we know it plays a massive role in the fabric of our communities.

Yet around 40% of our population are not active enough to improve both mental and physical health.

We are passionate about sport and physical activity as we know the difference it can make to people's lives.

# We connect, influence and provide sport and physical activity, increasing and improving the many ways people can take part and get active.

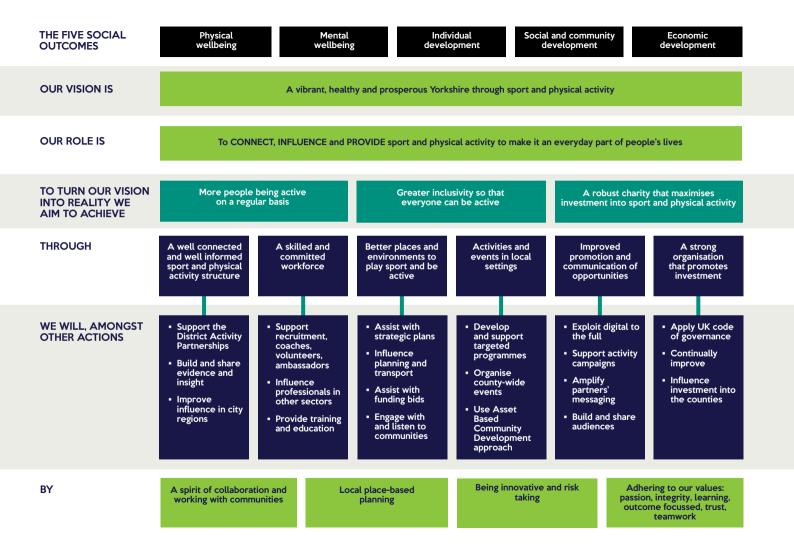
Our role is to help deliver the Government's strategy built around five social outcomes: mental health, physical health, individual development, economic development and community development.

There is also a greater emphasis on getting inactive people moving and being physically active through a Whole System Approach. This is not just about programs and delivery, it's about all agencies working together adapting their policies, environment and social connections.

As a partnership body we work with many organisations across our area who plan and deliver participation in sport and physical activity.

Together we can generate greater health, social and economic investment that benefits both individuals who find it difficult to access sport and communities needing a wide range of services.





#### Yorkshire Sport Foundation

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### **Connect:**

The nine District Activity Partnerships are at the heart of what we do, bringing together organisations to plan and create the environment for better delivery.

- We support these partnerships through advice, guidance and staff time to provide essential capacity.
- Our free #YSFconnect partnership days, offer networking and learning opportunities.



#### Influence:

We believe in the power of sport and physical activity to change people's lives.

- We promote activity in a wide range of strategic policies and ways of working among major decision making bodies in our area.
- We support Primary Schools to make best use of the Primary School Sport Premium.



# **Provide:**

As a County Sports Partnership we can identify and fill gaps in provision across the nine districts.

- Satellite Clubs creates an on-site branch of a local sports club in every secondary school and college
- Mums' Team encourages and mentors women to deliver activites in the community.
- We deliver events like the county School Games finals, conferences, courses and CPD training.

