|  |
| --- |
| Sense Welsh Logo with taglineSense Welsh LogoSense Logo with taglineSense Logo |

# Hazel’s story & ‘Complex Disabilities in Sport’ Workshop

## Suggested Social Content

Embargoed until 9am on 29th April 2024

## Option 1

Leading Hazel off the side-lines and onto the ski slopes!

@SenseCharity & @DSUKSnowsport have enabled Hazel to take on a sensory explosion, giving her a new found confidence.

Watch Hazel’s story, because no one should be left on the side-lines [www.sense.org.uk/hazels-ski-story](http://www.sense.org.uk/hazels-ski-story)

## Option 2

New 'Complex Disabilities in Sport' workshop launched by @sensecharity.

A 3-hour workshop includes practical and theory guidance on how to develop a meaningful approach, communicate effectively and deliver person-centered activities. #SenseActive

Sign up today: [www.sense.org.uk/complex-disabilities-in-sport-workshop](http://www.sense.org.uk/complex-disabilities-in-sport-workshop)

## Option 3

@sensecharity is dedicated to empowering people with complex disabilities to lead active and healthy lives.

If you want to support people with complex disabilities to be active, sign up to our new ‘Complex Disabilities in Sport’ workshop: [www.sense.org.uk/complex-disabilities-in-sport-workshop](http://www.sense.org.uk/complex-disabilities-in-sport-workshop)