

# Approaches to CYP voices shaping Parks and Green Spaces





## **This session is:**

- An introduction to CYP voices in parks and green space within place-based, systemic working.
- A starting point for further individual & collective learning.
- A chance to make connections for further learning.
- A space for us all to listen, learn and share experiences.

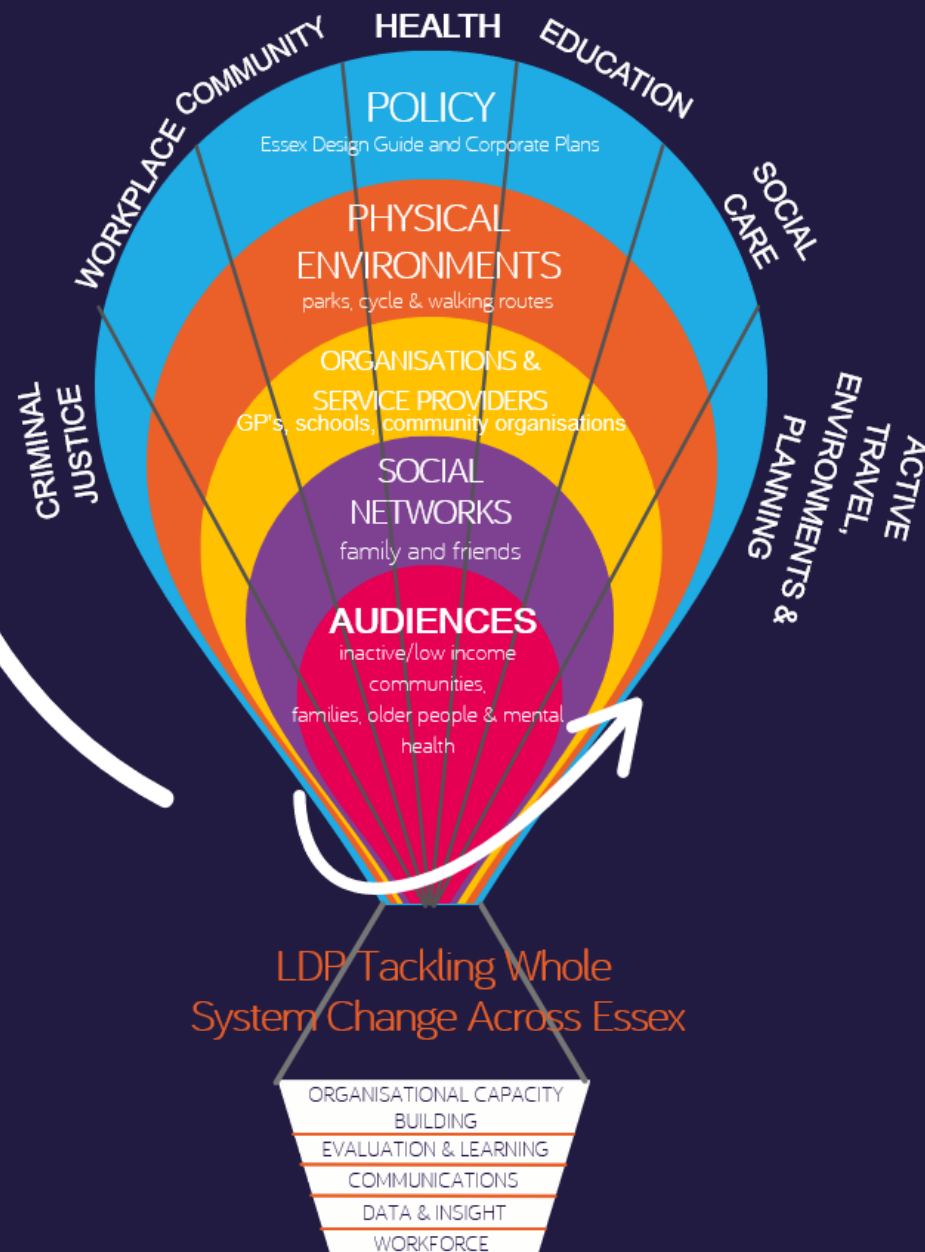
## **This session is not:**

- A comprehensive review of all theory, principles, models and practices.
- A prescription of what to do and how to do it.



## THE LDP SYSTEM CHANGE MODEL:

When tackling inequalities with children and young people, we have to work across and within multiple systems.





# What we've learnt together



## Place-based working

- ✓ Start with community need
- ✓ Take an asset based approach
- ✓ Co-production is needed
- ✓ Start with where people are at (not wanting to be active)
- ✓ Solve community problems through social knitting, building trust, which will lead to physical activity
- ✓ Creating trust



## Whole System Change

- ✓ Relational not transactional
- ✓ Don't just focus on community sport
- ✓ Other systems have huge impact on residents to be active
- ✓ Start with the priority of the system, it doesn't have to be physical activity
- ✓ Go where the energy is, don't continue to knock on closed doors
- ✓ Influence the system to adopt place-based working and ABCD
- ✓ Knit systems together



# PRINCIPLES THAT PROVIDE THOUGHT LEADERSHIP



# ATF'S PRACTICE OF CHANGE



Achieve Thrive Flourish

**FIND  
YOUR  
ACTIVE**  
BASILDON

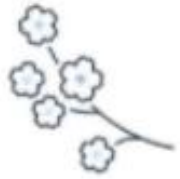


Holistic wellbeing: Physical, emotional, relational, vocational



# Nurturing a thriving community

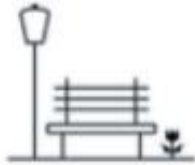
-Impacts of ATF's Practice of Change



**ASPIRATIONS** begin to blossom as local people are invited and supported to imagine and create the kind of place they want to live



**POSITIVE BEHAVIOURS** begin to outshine anti-social behaviours - people display increasing resilience together



**PUBLIC SPACES** are increasingly valued & regularly used by residents



**PUBLIC, PRIVATE AND VOLUNTARY** sectors routinely partner with local residents for everyone's benefit



**NEW FRIENDSHIPS** and connections are made - loneliness & isolation begin to fade



**PEOPLE DEVELOP NEW SKILLS,** confidence, aspirations and opportunities through participation and volunteering



**PEOPLE START TO FEEL BETTER,** improving their emotional, mental and physical wellbeing



**PEOPLE CARE MORE** for each other, and individuals rely less on services

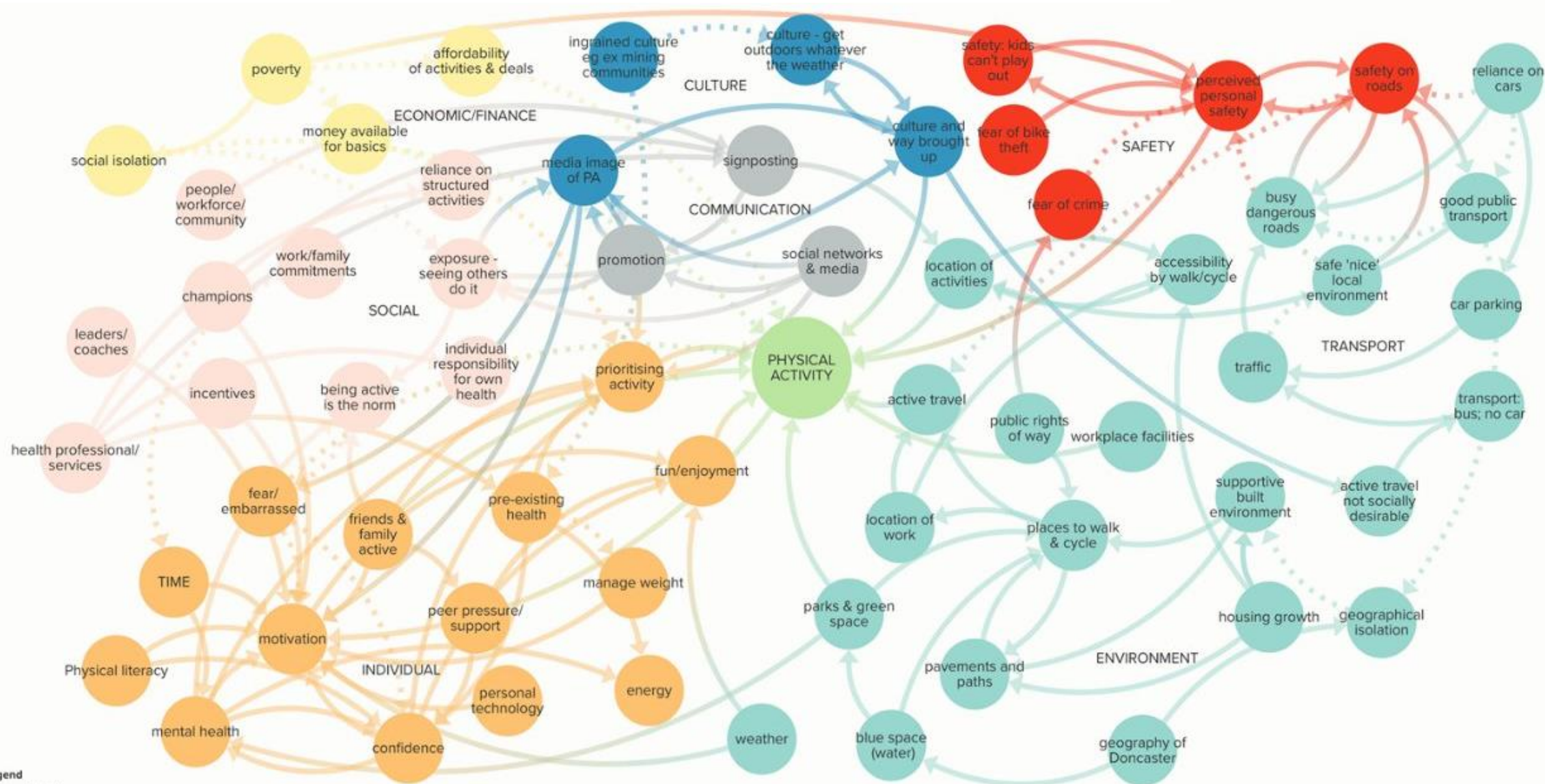


**PEOPLE BEGIN TO DESCRIBE** fellow community members with words like 'family', 'us' and 'everybody'



Achieve Thrive Flourish







# Prepare to engage, with an empty page



**Who is your audience and how do create a representative response?**



**Who are the stakeholders + who aren't, but should be?**



**Guide conversation away from the play area (but not play!).  
Capture real world experiences that can shape new worlds.**



**Quality and time Vs Quantity and time**



# Prepare to digest and respond



**Quality and time Vs Quantity and time**



**Digest and process collaboratively**



**How do ideas fit?, where do ideas fit?**



**Consider real time feedback loops**





