

The Active Partnership covering West Yorkshire and South Yorkshire

We are part of a national network of Lottery Funded Active Partnerships. We work with national and local organisations to offer free advice, information and resources to help schools to improve the physical activity offer for their pupils, contributing to whole school improvement.

Pupils who are more active are likely to:

- Achieve better academically
- Show higher levels of happiness and self-esteem
- Improve their fitness, strength and balance
- Reduce their anxiety and depression

Research from Sport England and Public Health England

The Primary PE and Sport Premium

Through an annual scrutiny of websites, we provide The Department for Education with a picture of what schools are spending their funding on locally. We identify schools that need additional support and share good practice. In partnership with national and local organisations, we offer **free** and **unbiased** advice and guidance for school leaders about how to use the funding to make additional and sustainable improvements to the quality of PE and sport in schools.

- School leader, business manager and governor consultations
- The latest policy and funding information from The Department of Education and other National Partners
- Case studies and examples of good practice
- Centres of Excellence: Identifying and sharing innovation and good practise through school to school support
- Yorkshire Primary PE and Sport Premium Awards linked to the grant's performance indicators
- Five district PE conferences with national expert speakers and interactive workshops.

www.yorkshiresport.org/PrimaryPE





The Daily Mile™

The Daily Mile is a free initiative which sees pupils run, jog or walk for 15 minutes a day, at least three times per week in your school.

- Improves physical, mental, social and emotional well-being.
- Improves attention span, memory, and behaviour leading to more productive classrooms.

We have a designated Coordinator to provide advice and guidance, including:

- Meetings with school staff and assemblies for pupils
- Free welcome pack and online resources to get you started.

www.yorkshiresport.org/TheDailyMile

Satellite Clubs

Funded sessions delivered by local clubs and coaches which specifically target 14-19-year olds.

- Established in new venues, such as secondary schools which are more convenient for young people.
- Focus on females, young people with disabilities and those from deprived backgrounds.

www.yorkshiresport.org/SatelliteClubs

The School Games

The Government's national competition programme for schools. A wide variety of local and county multi-sport competitions open to all young people aged four to 18.

- At a local level, open qualifying competitions are delivered by School Games Organisers.
- Inspirational events, organised by Yorkshire Sport Foundation.
- Volunteering opportunities to develop young people's employability skills.

www.yorkshiresport.org/SchoolGames

Active Lives Survey

A world-leading survey looking at activity levels and wellbeing of children and young people, led by Sport England.

- Healthy Schools Rating Scheme included
- Pupils take a 20 minute online survey in school.
- Contributes to national research, policy and funding decisions.
- On completion, schools receive information on student participation, wellbeing and attitudes to sport.
- Equipment vouchers provided as a thank you.

www.sportengland.org/ActiveLives

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The Team



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