

## The YSF Podcast: Episode five

### Is mixed ability the future of grassroots sport provision?

Released on the International Day of People with Disabilities 2019, episode five asks if mixed ability is the future of grassroots provision. We're in conversation with International Mixed Ability (IMAS) based in Bradford, to share how the mixed ability movement is progressing.

#### **Resources**

International Mixed Ability Sport website

<http://www.mixedabilitysports.org/>

Evaluation of the Mixed Ability Sport Programme (as referenced in the episode)

<http://bit.ly/ImpactIMAS>

IMAS YouTube channel

<http://bit.ly/YouTubeIMAS>

Further reading - Evaluating the impact of Mixed Ability Sport

<http://www.mixedabilitysports.org/evaluating-the-impacts-of-ma-sport/>

International Mixed Ability Rugby Tournament

Cork 2020 - <http://imartworldcup.org/>

Bradford 2015 - <http://www.mixedabilitysports.org/mixed-ability-rugby-world-tournament/>

#### **Guests**

##### **Mark Goodwin – Director and Co-Founder of IMAS**

With over thirty years of contribution to service provision in the disability and autism sectors as a consultant and specialist tutor. Mark recognised the opportunity to combine the WEA/IMAS 'Inclusion in Rugby' and 'Inclusion in Sports' projects with a national training programme. Mark now works with a number of NGB's and leads on the training and delivery of Mixed Ability Sports to grassroots clubs across England.

##### **Martino Corazza – Director and Co-founder of IMAS**

Passionate about rugby and lifelong education. Player and qualified coach both in the UK and Italy, holds a MA in Disability Studies from the University of Leeds. Co-founder of Chivasso Rugby, first Italian Mixed Ability team, has been working for years in European projects aiming

to develop international co-operation and social inclusion. Creator of the Mixed Ability Rugby World Tournament, now IMART, Martino oversees IMAS international expansion.

**Dr. Jen Dyer – University of Leeds**

Dr. Jen Dyer is a Lecturer in Sustainability at the University of Leeds. She is interested in research which has real impact and which approaches issues holistically, taking into account many perspectives. She has been evaluating Mixed Ability sport for the past four years, using a range of methods such as interviews, focus groups and participant observation, as well as taking part in many of the sports herself. The research has taught her more about society than she could have ever have imagined!

**Host – Andy Morgan, Media Manager at Yorkshire Sport Foundation**