

What does Tier Three mean for sport and activity in South Yorkshire?

Correct as of October 26 2020 – Guidance is subject to change.

Who is your activity for?/Where does it take place?	Indoor activity	Organised activity outdoors (such as walking groups, exercise/fitness classes)	Organised team and individual sports	Gyms and leisure facilities
Adults and families	<p>Indoor activity can only take place as long as adults/families do not mix with anyone who they don't live with, or who is part of their support bubble. Where it is likely that households (or support bubbles) will mix, these activities must not go ahead.</p> <p>Social interaction before and after any sport or exercise should be limited to people from the same household or support bubble.</p>	<p>Regardless of South Yorkshire's overall Covid Alert Level, outdoor activity advice remains the same as it is for Tier One.</p> <p>This means that outdoor exercise classes and licensed physical activity can happen in any number as long as they're in line with Covid-secure guidance.</p> <p>Licensed activity includes those that receive funding from Yorkshire Sport Foundation.</p>	<p>National governing body-approved, organised team sport can happen in any number provided they're in line with Covid-secure guidance.</p> <p>We strongly advise you check with your relevant national governing body of sport for sport-specific information.</p> <p>Spectators are discouraged from attending.</p>	<p>Gyms and leisure centres can remain open more generally. If, when delivering gym classes, Pilates, yoga, martial arts or other classes, the venue is Covid-secure, all guidance can be adhered to and social distancing can be observed including before and after the session, then these can go ahead.</p>
Children and young people	<p>If your activity is aimed at young people (under 18) this can continue, following social distancing and Covid-secure guidance.</p>	<p>Regardless of South Yorkshire's overall Covid Alert Level, outdoor activity advice remains the same as it is for tier one.</p> <p>This means that outdoor exercise classes and licensed physical activity can happen in any number as long as they're in line with Covid-secure guidance.</p> <p>Licensed activity includes those that receive funding from Yorkshire Sport Foundation.</p>	<p>National governing body-approved organised team sport can happen in any number provided they're in line with Covid-secure guidance.</p> <p>We strongly advise you check with your relevant national governing body of sport for sport-specific information.</p> <p>Spectators are discouraged from attending but where they are providing transport for young people, this should be kept to a minimum (one adult per child).</p>	<p>Gyms and leisure centres can remain open more generally. If, when delivering gym classes, Pilates, yoga, martial arts or other classes, the venue is Covid-secure, all guidance can be adhered to and social distancing can be observed including before and after the session, then these can go ahead.</p>
Disabled people	<p>If your activity is aimed at disabled people this can continue, following social distancing and Covid-secure guidance.</p>	<p>Regardless of South Yorkshire's overall Covid Alert Level, outdoor activity advice remains the same as it is for tier one.</p> <p>This means that outdoor exercise classes and licensed physical activity can happen in any number as long as they're in line with Covid-secure guidance.</p> <p>Licensed activity includes those that receive funding from Yorkshire Sport Foundation.</p>	<p>National governing body-approved organised team sport can happen in any number provided they're in line with Covid-secure guidance.</p> <p>We strongly advise you check with your relevant national governing body of sport for information.</p> <p>Spectators are discouraged from attending but where they are providing transport, this should be kept to a minimum.</p>	<p>Gyms and leisure centres can remain open more generally. If, when delivering gym classes, Pilates, yoga, martial arts or other classes, the venue is Covid-secure, all guidance can be adhered to and social distancing can be observed including before and after the session, then these can go ahead.</p>