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# HIT THE GROUND RUNNING CHALLENGE

In association with *Totally Runnable*

## ROLE MODELS CHALLENGE

### WEEK FIVE AND SIX GUIDANCE

#### WEEK THREE AND FOUR CHALLENGES

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**Week five:** Monday 1 November – Friday 5 November

**Week six:** Monday 8 November – Friday 12 November

Lots of primary schools notice a Gender Sport Gap between girls and boys, either in confidence or participation. Girls and boys often see more male sporting role models than female. This week's challenge is to celebrate female sporting role models, both in and out of school.

Role models are really important, because "if you can't see it, you can't be it". Totally Runnable work with primary schools to help them measure and close their Gender Sport Gap

This week we want to hear how you have celebrated female sporting role models. Did pupils learn about Dina Asher-Smith or Laura Muir in lessons? Did they research their favourite female sporting role models and create a display for the school hall? Did you celebrate your school's most inspiring female athletes with an assembly about who inspires them?

We will be giving you both weeks to complete this challenge.

Share your ideas and creations on social media using #RoleModels and tag @TotallyRunnable and @YorkshireSport in your post.

#### GIRLS IN SPORT PLEDGE

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As part of this week's challenge, we also encourage schools to sign up to the (completely free and awesome) Girls and Sport Pledge.

By signing up your school receives a sign-up pack including a sticker, certificate and resource pack full of ideas about how to close the Gender Sport Gap. You will then also receive termly newsletters on all things Gender Sport Gap, including offers and free CPD.

[Please click here for more information and to sign up.](#)

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## SCORING

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**Like every week, we will also be continuing our leaderboard with the average miles your bubbles participants completes during the week. Please follow the below instructions:**

- Simply record the miles done in school (running, walking or using a mobility aid for SEND participants) by each child and submit the classes total mileage via the information below. Miles done by participants out of school cannot be counted.
- The leaderboard will be calculated by averaging the classes total miles by number of children.

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## SUBMITTING YOUR SCORES

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Please use the forms linked below to enter your individual classes total miles for the weeks along with the number of children in the class.

[Week five submission form - click here.](#) Deadline for entries: 4pm on Tuesday 9 November.

[Week six submission form - click here.](#) Deadline for entries: 4pm on Tuesday 16 November.

Results for each week will be announced by the following Wednesday on our website here:

Please click here for the [West Yorkshire](#) leaderboard. Please click here for the [South Yorkshire](#) leaderboard.

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## INCLUSIVITY

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We encourage all children to take part in these activities including SEND participants and those who use mobility aids. All children are welcome to record and submit their run streaks and miles.

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## SCHOOL GAMES VALUES

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This challenge focusses a number of the School Games Values. See below the specific School Games Values for these weeks' challenges.

### Teamwork

Due to the scoring system of the challenges, classes are encouraged to work as a team to ensure their average mileage is as good as possible. Therefore, children can encourage each other to take part to contribute to the total class mileage.



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## Honesty

As in any virtual competition, honesty is everything! Please encourage participants to be as honest as they can through this competition, we're sure they will be!



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## ENJOY!

We hope you enjoy these challenges! If you require any extra assistance or have any questions, please don't hesitate to get in touch via the contact details below:

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